



***Splish Splash* Multi-Sensory Session presented by Marilyn the Mermaid**

You'll find an English and a Welsh version of the Splish Splash Multi-Sensory Session in the Splish Splash tracks. It's an opportunity for you and your students to enjoy some of the activities we explored in the show, whenever you wish. The ideal place to enjoy the multi-sensory session is of course in your school pool, but if you have a dedicated multi-sensory room, that would probably also be a good location for this session because then you can have lights and also a darkened space, along with bowls of water. But in any case, before you begin, it's best to have your student(s) lying comfortably on something like a lilo or a floatsation mat in the pool, or an airbed or a lounge etc on dry land. If you can, make the room smell beautiful...maybe with an aroma diffuser humidifier or some other aromatherapy type gadget. And certainly put some soap with a lovely scent into that bowl of warm soapy water you'll need...see below.

Good things to have to hand include:

- a nice bright light source or two
- some means of blackout
- dimmer switch(es) or some other arrangement so that you can enjoy a slow darkening of the room
- a fair size mirror
- a bowl or two of warm water
- some suitable liquid soap to add to the water in the bowls
- a warm towel
- some bubbles
- a colander
- long drinking straws or tubes you can blow into
- a jug and a watering can with a rose on its spout
- an umbrella, ideally a transparent one

When you're ready, just click on the English or Welsh version of the Splish Splash Multi-Sensory Session from the Splish Splash tracks. Then you'll hear the wonderful voice of Marilyn the Mermaid, welcoming you through the session, accompanied by music from the show.